Aquatics Schedule

Monday	Tuesdav	Wednesdav	Thursday	Fridav	Saturdav
12:00-12:45 p.m. Learn to Swim I & II Ages 8-17	12:00-12:45 p.m. Adult Lap Swim 18+	12:00-12:45 p.m. Learn to Swim I & II Ages 8-17	12:00-12:45 p.m. Adult Lap Swim Ages 18+	12:00-12:45 p.m. Learn to Swim I & II Ages 8-17	10:00—11:00a.m. Water Walk 18+
1:00-1:45 p.m. Learn to Swim III & IV Ages 8-17	1:00-1:45 p.m. Learn to Swim V & VI Ages 8-17	1:00-1:45 p.m. Learn to Swim III & IV Ages 8-17	1:00-1:45 p.m. Learn to Swim V & VI Ages 8-17	1:00-1:45 p.m. Learn to Swim III & IV Ages 8-17	11:00—12:00p.m. Open Swim 18+
2:00-5:30 p.m. Open Swim All Ages	2:00-5:30 p.m. Open Swim All Ages	2:00-5:30 p.m. Open Swim All Ages	2:00-5:30 p.m. Open Swim All Ages	2:00-5:30 p.m. Open Swim All Ages	12:15—3:45 p.m. Open Swim All Ages
6:00-6:45 p.m. Open Aquacise 18+	6:00-6:45 p.m. Big Fish/Little Fish	6:00-6:45 p.m. Open Aquacise 18+	6:00-6:45 p.m. Adult Lap Swim 18+	6:00-6:45 p.m. Big Fish/Little Fish Ages 0-7	4:15-5:15p.m. Family Swim All Ages
6:45-7:30 p.m. Family Swim	6:45-7:30 p.m. Family Swim	6:45-7:30 p.m. Family Swim	6:45-7:30 p.m. Family Swim	6:45-7:30 p.m. Family Swim	

All children 7 years old and under 4 feet tall must be accompanied and supervised in the water by an adult. Two children per adult.



	Cultural Arts			
Arts & Crafts	Friday	4:00-6:00p.m.	8-17	
Family Crafts	Friday	6:30-7:30p.m.	All ages	



Special Programs

Open Weight Room	Monday-Friday	12:00-7:30 p.m.	18+
Open Weight Room	Saturday	10:00—5:30pm	18+
Open Racquetball	Monday-Friday	12:15-7:15 p.m.	8+
Open Racquetball	Saturday	10:15—5:15pm	8+
Open Game Room	Monday-Friday	12:00-7:30 p.m.	all
Open Game Room	Saturday	10:00—5:30pm	all
Boxing	Monday-Thursday	5:15-7:15p.m.	8+
Praise dance	Saturdays	12:00-2:00p.m.	All
Puppet/Masking	Monday & Wednesday	5:30-7:30p.m.	8-1
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Outdoor Programs

Outdoor Frograms				
<u>EVENT</u>	<u>DAYS</u>	<u>TIME</u>	<u>AGES</u>	
T-Ball	Monday & Thurs.	5:30 p.m7:30 p.m.	4 -7	
Rookie League	Tuesday	5:15p.m7:15p.m.	8-12	
Rookie League	Friday	1:15p.m3:15p.m.	8-12	
Little "F" Baseball	Monday & Wednesday	5:00 p.m7:00 p.m.	9-12	
Big "F" Baseball	Tuesday & Thursday	4:00 p.m7:00 p.m.	13-14	
Mickey Mantle	Monday & Wednesday	6:00 p.m9:00 p.m.	15-16	
Connie Mack	Tuesday & Thursday	6:00 p.m9:00 p.m.	17-19	
Sand Volleyball	Mondays	1:00 p.m3:00 p.m.	11-14	

Schedule subject to change without prior notice.

Free Lunch Program

12:00p.m.—1:00p.m Monday—Friday 18 & Under



Gymnasium Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00-2:30 p.m. Open Gym 8-17 Ages	12:00-3:00p.m. Organized Gym games Ages 8-17	12:00-2:30 p.m. Open Gym 8-17 Ages	12:00-3:00 p.m. Organized gym Games Ages 8-17	12:00-2:30p.m. Open Gym Ages 8-17	10:30-11:30am Zumba Ages 16+
2:30-5:30 p.m. Open Gym Ages 8-17	3:30-7:30 p.m. Open Gym Ages 8-17	2:30-5:30 p.m. Open Gym Ages 8-17	3:30-7:30 p.m. Open Gym Ages 8-17	2:30-5:00 p.m. Open Gym Ages 8-17	12:00-4:00pm Open gym Ages 8—17
6:15-7:15p.m. Zumba Ages 16+		6:15-7:15p.m. Zumba Ages 16+		5:30-7:30 p.m. Volleyball 15+	4:30-5:30p.m. Soccer 18+